December 2021

Dream Bigger Preventing Violence against Women & Children Rebuilding Lives

Make Christmas Dreams Come True



Christmas is a magical time. We all spend a little extra on Gifts, Groceries, Special Dinners, Christmas Trees, Stocking Stuffers, Events & Traditions.

Starting over after abuse makes it impossible for women to provide for their children, let alone do the extras most of us consider essentials during the holidays

Please Help Make Christmas Dreams Come True By Donating Cash & Gift Cards This Christmas!

Myths & Mistakes By Well-Meaning Friends: My Friend/Relative/ Says Her Husband is Abusive at Home ...

I want to support both the woman & her husband

Remaining friends with her husband will help him feel empowered in his abusive behavior toward his wife & children. He has essentially convinced you that he is the same charming person at home that he shows you in public settings – negating the woman's story of abuse.

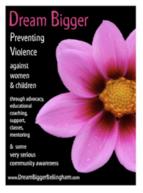
Abusive men are skilled actors & masters at manipulation. Being there for the abused woman can be life-saving for her since she will lose most of her friends. Encouraging her to establish new acquaintances through college classes & community groups can be life-saving – especially new friends who will never meet her abuser.

Should I encourage them to go to Couples Counseling?

Couples Counseling is one of the most damaging of all in situations of domestic violence. Abusers will schmooze the counselor, convincing them that his wife is crazy. They also commonly learn "counseling lingo" to use against the woman to further convince her that she is indeed going crazy, diminishing her confidence to escape.

The best support an abused woman can receive is at a No-Cost Domestic Violence Support Group for women, preferably one that meets more than once a week. Most are led by Counselors skilled in domestic violence who will help her to plan her new future. Making sure she gets to every meeting or better yet going with her would be a valuable investment in the lives of your friend & her children.

Survivors Need Long-Term Experienced Advocates to help them brick by brick build their own solid plans to achieve economic, legal, housing, education & career success. Dream Bigger's advocates do just that resulting in financial self-sufficiency & lasting independence.



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Begin at www.SmileAm azon.com/ch26 -3898006 Specify Charity as Dream Bigger & AMAZON WILL DONATE TO DREAM BIGGER @ No Cost To You!

Give Without Spending

Do You Shop FredMeyer

Link your Rewards Card@ www.fredmeyer.com/ communityrewards

Choose Dream Bigger non-profit #93973

Improve the lives of women & children When You Shop!

you'll still receive your frequent shopper rewards & gas points

Why Does an Abused Woman Need a Legal/Financial Advocate?

Navigating the Legal System can be overwhelming. Many women have been Homemakers & Stay at Home Moms with little or no access to family finances. If they go back to work she will most likely earn Minimum Wage - never enough to pay a Legal Retainer for a Lawyer let alone Court Costs, child care & living expenses.

Women end up owing \$10,000-\$20,000+ in legal fees due to abusers commonly dragging her in & out of court unnecessarily. They often lose their jobs due to time off needed to attend required court hearings. A legal Advocate reduces legal fees significantly & ensures a much better than expected legal financial outcome.

Dream Bigger has helped multiple clients obtain federal fafsa funding for tuition. Our Scholarships unique to domestic violence victims help cover the costs of unexpected expenses that would normally derail her education such as computer failures, car repairs, childcare costs, lack of housing funds, etc. Dream Bigger has helped many clients achieve degrees & careers in the medical, legal & administrative fields, resulting in financial independence.

The Dream Bigger Safe Home Project

Christy is not only an abuse victim, <u>she lost her sight in a car accident</u> so can't drive, couldn't get grocery deliveries in the county, had <u>no access</u> to the Bus, <u>couldn't take her kids to parks or playgrounds</u> & was plagued with endless expensive repairs on her old shabby mobile home.

Dream Bigger helped Christy & her 5 kids move from her old mobile home to a new, clean, safe apartment in town. She can now walk her children to the on-site playground, catch a bus & is free of home repairs.

Having completed 2 years of community college before Blindness, Christy competed a year of Blind School to re-learn life without sight as well as mastering a special Screen Reader computer system to complete a 3rd year of College while remaining a 4.0 Student.

The Dream Bigger Safe Home Project would like to supplement her Rental expenses during this - her last year of school. Please Join Us In Helping Christy as she Builds Her Education & Income-Earning Power leading to her lasting Financial Independence & Self-Sufficiency.

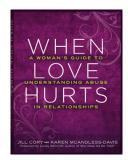
Dream Bigger has been preventing violence against women & children since 2008, with Long-term legal/financial advocacy & educational coaching securing futures of Economic Health & Self Sufficiency.

We need your life-changing support now more than ever. The need is great – the number of families needing help is increasing which means we need your support to Increase our Advocacy Hours. Because of you- lives are permanently changed.

Dream Bigger

Preventing Violence against Women & Children ... Rebuilding Lives Since 2008

www.Dream Bigger.info email: Laurie@DreamBigger.info Gifts are Tax Deductible through IRS EIN #26-3898006. Checks can be mailed to 2221 G St Bellingham, Wa 98225



Buy 1 for a Friend

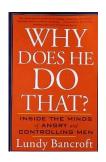
There are many books on abuse & domestic violence but this book is a perfect first book for the abused woman.

When Love Hurts helps her discern what she's going through & encourages her to trust her instincts.

Even the title, WHEN LOVE HURTS is a soft spoken easy-to-pick-up intro to Intimate Partner Violence.

The authors also offer many free articles & videos on their website which abused women & their friends & family will find helpful in planning a New Safe Home & Peaceful Life without abuse.

www.WhenLoveHurts.ca



One of the very best ways to help an abused friend is to purchase

Why Does He Do That?

1 copy for her & 1 for you. Lundy Bancroft helps women & their friends & family understand abuse & how to help. Search for multiple Lundy Bancroft Videos on You Tube also.

Understanding & knowledge are the best things you can do for her & her children, they're worth the investment.