

Dream Bigger

Preventing Violence against Women & Children
... Rebuilding Lives

Make Christmas Dreams Come True



Christmas is a magical time.

We all spend a little extra on Gifts, Groceries, Special Dinners, Christmas Trees, Stocking Stuffers, Events & Traditions.

Starting over after abuse makes it impossible for women to provide for their children, let alone do the extras most of us consider essentials during the holidays

Please Help Make Christmas Dreams Come True By Donating Cash & Gift Cards This Christmas!

Myths & Mistakes By Well-Meaning Friends:

My Friend/Relative/ Says Her Husband is Abusive at Home ...

I want to support both the woman & her husband

Remaining friends with her husband will help him feel empowered in his abusive behavior toward his wife & children. He has essentially convinced you that he is the same charming person at home that he shows you in public settings – negating the woman’s story of abuse.

Abusive men are skilled actors & masters at manipulation. Being there for the abused woman can be life-saving for her since she will lose most of her friends. Encouraging her to establish new acquaintances through college classes & community groups can be life-saving – especially new friends who will never meet her abuser.

Should I encourage them to go to Couples Counseling?

Couples Counseling is one of the most damaging of all in situations of domestic violence. Abusers will schmooze the counselor, convincing them that his wife is crazy. They also commonly learn “counseling lingo” to use against the woman to further convince her that she is indeed going crazy, diminishing her confidence to escape.

The best support an abused woman can receive is at a No-Cost Domestic Violence Support Group for women, preferably one that meets more than once a week. Most are led by Counselors skilled in domestic violence who will help her to plan her new future. Making sure she gets to every meeting or better yet going with her would be a valuable investment in the lives of your friend & her children.

Survivors Need Long-Term Experienced Advocates to help them brick by brick build their own solid plans to achieve economic, legal, housing, education & career success. Dream Bigger’s advocates do just that resulting in financial self-sufficiency & lasting independence.



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