

December 2023

Dream Bigger

Preventing Violence against Women & Children
... Rebuilding Lives

Make Christmas Dreams Come True

Starting over after abuse makes it impossible for women to provide for their kids, let alone buy the extras we all consider essential during the holidays.

Each year Dream Bigger gives Gift Cards to the women we serve so they can Shop for their kids' Christmas Gifts, buy Groceries for special holiday meals then also fill their Cars with Gas! How Can You Help?

Donate Costco & Fred Meyer Gift Cards
(mail to Dream Bigger 2221 G St, Bellingham, Wa 98225)



WHY DOESN'T SHE JUST LEAVE ALREADY?

A few nights at a Shelter is helpful for a few days, but what happens afterwards? Due to lack of money, abused women are left with few choices, risk homelessness or return to the abusive home.

Abusers intentionally limit their victims access to marital finances. They want their wives to be under their control & very far from independence. After divorce, most abusers are financially unscathed while their wives & children end up living in Poverty.

With consistent long-term experienced Advocacy women systematically build their own economic stability, education & careers. At Dream Bigger we help put these crucial pieces in place, so survivors won't be forced to return to violent homes. We work along-side women through the legal process securing finances & protection orders. We provide hands-on help through Social Services for income & child support then we move on to the educational scholarship & fafsa educational grant process.

Dream Bigger advocates partner with Doris & Warren Buffett's WISP Program for additional educational financial support. Women's Independence Scholarship Program helps provide funds for unexpected expenses that could derail clients college goals. Auto failures, childcare fees, Computer crashes & living costs are covered to help our clients focus on school instead of emergencies.

Dream Bigger's advocacy helps women become financially independent, self-sufficient community members.

We hope you'll join us in this worthwhile venture!



Please Like us on Facebook & Share our Facebook Fundraisers!

Did you know you can Create Your Own Fundraiser to Support *Dream Bigger* as we advocate for Abused Women & their Children?

<https://www.facebook.com/fund/Dream.Bigger.Preventing.Violence/>

Do You Shop

FredMeyer

Link your Rewards Card@

www.fredmeyer.com/communityrewards

Choose Dream Bigger non-profit #93973

You Shop & Fred Meyer Donates on your behalf!

Improve the lives of women & children When You Shop!

You'll still receive your frequent shopper rewards & gas points



Child Abuse often begins in the Womb. Abusers assault their wives as early as pregnancy. Violence increases the likelihood of PTSD, depression, anxiety & poor self-esteem for the mother and the baby. Children who witness or stay in the atmosphere of physical, mental or psychological abuse are at a higher risk of lifelong mental & emotional struggles. A girl who grows up in a home where her father abuses her

Mother is more likely to marry an abuser. A boy who sees his mother being abused is more likely to imitate the abuse in adulthood. **The sooner the mother receives skilled advocacy, the sooner healing & life-rebuilding begins.**

Is My Friend Being Abused?

Does her partner keep track of her time? Discourage relationships with friends/family? Prevent her from going to work or school? Criticize her or say Cruel things to her? Humiliate her in private or in front of others? Destroy her personal property or that of her children? Has she been Pushed, shoved, thrown, kicked, hit, slapped, scratched, spit on, choked or raped? Does she spend a lot of time trying not to make him angry? What Can You Do to Help?

Be supportive. Listen patiently. Allow her to talk, ask her how these things made her feel. It's a big step for her to trust you enough to share her situation with you. Believe her, you could save her life. Let her know it's ok to feel angry or sad. Help her obtain copies of books in audio or print, "Why Does He Do That?" By Lundy Bancroft. If you read it also it could help you to understand. Encourage her to join a local in-person domestic violence support group, offer to take her there each week & help her stay faithful to group attendance.

Help Dream Bigger Change Lives!

Spread the word & encourage your friends to share with their community Groups. We need more individuals, families, groups & businesses to stand with us, to expand our reach, increasing the # of women achieving Economic Health & long-term Self Sufficiency. Support changes the futures of women & their Kids including the impact they have on their community.

Dream Bigger

Preventing Violence against Women & Children
... Rebuilding Lives Since 2008

Please Like us on Facebook & Share to your page

www.Dream Bigger.info email: Laurie@DreamBigger.info
Gifts are Tax Deductible through IRS EIN #26-3898006.

Housing after abuse is beyond financial reach – shelters provide only a few nights housing.

If they go back home the abuse will be worse than before as punishment for leaving.

When they finally escape, they maneuver parenting traumatized kids, legal appts, court hearings, a maze of paperwork & sudden poverty all while enduring Financial & Legal Abuse & Stalking.

Women escaping violence are more likely to achieve lifelong success with an experienced hands-on Domestic Violence Coach beside them from beginning to end.

Dream Bigger is committed to being their lifeline: finding permanent solutions.

Thankyou to our 2023 Supporters!

- Fred Meyer Rewards Program
- Womens Independence Scholarship Program
- Norman Archibald Foundation
- Wa State Combined Fund Dr
- Joshua Green Foundation
- Norcliffe Foundation
- Seattle Foundation
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- Ron
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- Vikki
- Zavia

Your Generosity Creates New Successful Futures for Abused Women & Their Children ...

Thankyou!