Winter 2019-2020

Dream Bigger Preventing Violence against Women & Children ... Rebuilding Lives

#### Make Christmas Dreams Come True



\*Make Dreams Come True for abused Women & Children this Holiday Season

\*Christmas is a magical time of year. We all spend a little extra on Gifts, Groceries, Christmas Trees, Stocking Stuffers, Special Dinners, Events & Traditions. \*Starting over after abuse makes it impossible for women to provide for their children, let alone do the extras most of us consider holiday season essentials.

\*HELP US MAKE CHRISTMAS DREAMS COME TRUE by DONATING CASH & GIFT CARDS this Holiday Season!

#### Why Doesn't She Just Leave Already?

Imagine you were given a free Hotel Getaway for a week for you & your kids to forget the stress of life for a few days? Would you go? Most of us would say YES!! What happens after your week is up? You just go home, right? Odd scenario, I know, but ... **let's imagine how a domestic violence victim might feel** ...

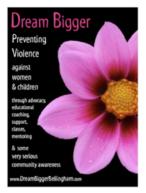
Time away at a Shelter could give her some time to think clearly & give her the courage to Move Out & Escape the Abusive Home. But she quickly realizes that with <u>No Money</u>, <u>Nowhere to stay</u> ... **She Goes Back To the Abusive Home ... so do her children**.

Domestic Violence Abusers intentionally leave their victims in Poverty. Most often these criminals are financially unscathed & move on without any accountability or restitution whatsoever.

Survivors often visit shelters several times but can't afford to leave for good or build safe futures for themselves and their children. Most often their choices are to risk homelessness, lose custody of their kids, or return to their abuser for lack of shelter & finances.



There is hope, however: Survivors need consistent experienced Advocates committed for the long-term to help them systematically build their own economic stability, education & careers. With these crucial pieces in place, survivors won't be forced to return to violent home situations, but instead will have a bright future of lasting self-sufficiency & safety for themselves and their children.



## Shopping amazon

#### for Christmas?

Begin at www.SmileAmazon.com/ ch/26-3898006

Specify Dream Bigger as charity & Amazon donates!

Your participation will help provide advocacy for women & their Kids!

#### GIVE

WITHOUT Spending!

Do You Shop at

#### Fred Meyer ?

Link your Rewards Card@ www.fredmeyer.com/ communityrewards

> Search for Dream Bigger non profit #93973

#### Improve the futures of women & kids When You Shop!

you'll still receive your frequent shopper rewards & gas points

#### A large number of children are physically abused before they are even born!



Violent men often choose to assault their female partners more severely & frequently during pregnancy. This extreme violence increases the likelihood of ptsd, depression, anxiety & poor self esteem as well as diabetes, obesity and heart disease for the mother & baby both.

More than 15 million children in the U.S. are exposed to Domestic Violence in their homes



Children who witness, or are victims themselves of emotional, physical or psychological abuse are at much higher risk of mental & other serious health problems. A girl who grows up in a home where her father abuses her mother is more than six times as likely to marry an abusive man as compared to a girl who is raised in a safe home. These results are staggering.

A boy who sees his mother being abused is 10 times more likely to abuse his own wife in adulthood.

# Support can change the futures of women & their Kids, further impacting their community as well

Dream Bigger has provided advocacy & coaching since 2008. Guidance through the Legal, financial and social systems gives them the boost they need to begin the ameticated mental & physical b



the emotional, mental & physical healing to start over. We lead



them hands-on through the educational & career decision-making as well as the scholarship funding maze that often deters victims from entering college.

HELP DREAM BIGGER CREATE LASTING SOLUTIONS FOR WOMEN & CHILDREN! Your Gifts Will Increase Our Advocacy Hours Leading To Safe Healthy Homes & Families.

# Dream Bigger

Preventing Violence against Women & Children ... Rebuilding Lives since 2008

> www.DreamBigger.info email: Laurie@DreamBigger.info

Gifts are Tax Deductible through IRS EIN #26-3898006 Checks can be mailed to: 2221 G St Bellingham Wa 98225

### Wish You Could

Give but don't have extra?

Telling Others about Dream Bigger's Give Without Spending is easy

A \$2,000- \$4,000+ gift would be a game-changer to Dream Bigger, It would mean more Safe **Homes &** Lasting Financial Independence

Encourage your neighbors, co-workers & friends to choose

**<u>2Roofs Realty</u>** or their Network Realtors anywhere in the U.S. & world! **The donation comes from Realtor's Commission @ No Cost To You** 

www.2Roofs.com/DreamBigger

or email: info@2roofs.com or call: 360-510-7044

Give Without Spending!



Financial Support from Individuals, Families, groups & businesses is needed to maintain & grow our very stretched Advocacy Hours.

Encourage your friends & colleagues to give through their social clubs & community Groups. Whether \$5 or \$5000 your impact matters to many!

